



Doubt: Is It Okay To Ask Questions?  
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Life Group Leader Notes  
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**Quick Thoughts**

Questions are a bigger deal than we might first think. As powerful tools for getting information, questions also effectively reveal our hearts. SO, what are we to make of the questions that we have? Do we ask curiously in a spirit of doubt or skeptically in a spirit of unbelief? This distinction is vitally important because there is actually a difference between doubt and unbelief; doubt isn't necessarily bad and unbelief is never good. Accepting in the Gospel is essential to navigating the many questions we have. Thus, the Bible teaches that those who doubt are to be shown mercy and warns against unbelief.

**Scripture**

Jude 22  
Hebrews 3:12  
Matthew 11: 2-10, 28-30  
Matthew 22:15-22  
Proverbs 2:1-8

**Links/Resources**

- <http://www.amazon.com/Despite-Doubt-Embracing-Confident-Faith/dp/1572937955>
- <http://www.gotquestions.org/question-God.html>
- [http://thetablecommunity.com/media/docs/173\\_questions\\_jesus\\_asked.pdf](http://thetablecommunity.com/media/docs/173_questions_jesus_asked.pdf)

**Questions**

1. What questions about God/faith do you find most troubling?
2. How do you think most people feel about doubt and what it says about a person's faith?
3. What is the difference between doubt and unbelief?
4. Are you active or passive in seeking out answers to your questions?
5. What role does community, spiritual disciplines (reading, prayer, evangelism & etc.) play in having a healthy disposition about our doubts?